

CUSHAW PUMPKIN

Cucurbita argyrosperma

Cucurbitaceae

ECHO® PLANT INFORMATION SHEET

Description

Cushaw pumpkins are a herbaceous, vining, winter squash grown for the edible flesh and seeds. Flowers and tender shoots are also edible. The seeds are high in oil and protein and can be eaten roasted or ground up for an ingredient in sauces. The flesh is eaten as a vegetable and can be used in pies. s

Origin

Mexico

References

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[WikiSpecies](#)