



International Center for Tropical Agriculture
Since 1967 Science to cultivate change

PABRA

Pan - Africa Bean Research Alliance
Better Beans for Africa



Improving nutrition through gender inclusivity

Symposium on improving
nutrition in Dryland areas.

Arusha, Tanzania.

7th August 2018

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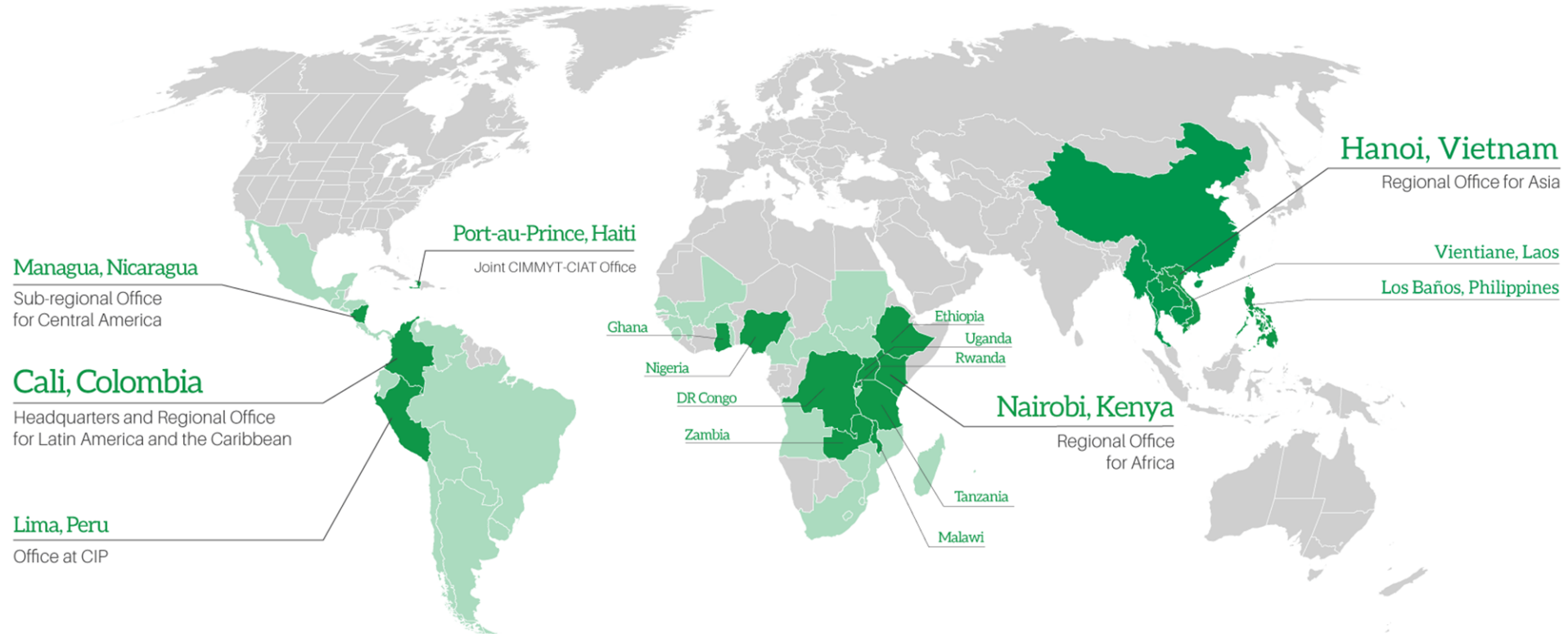
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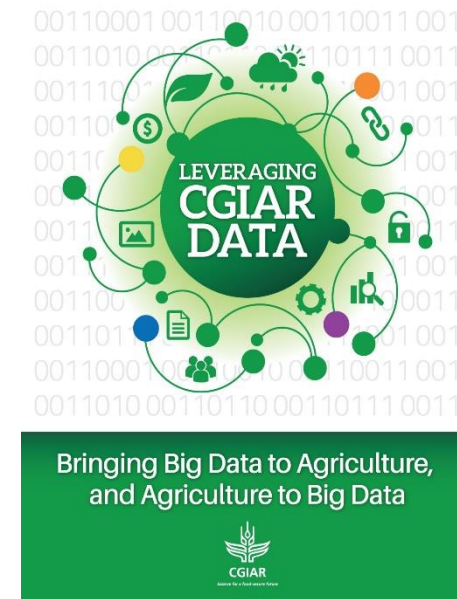


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CIAT AROUND THE WORLD

We work in 53 countries from 21 offices

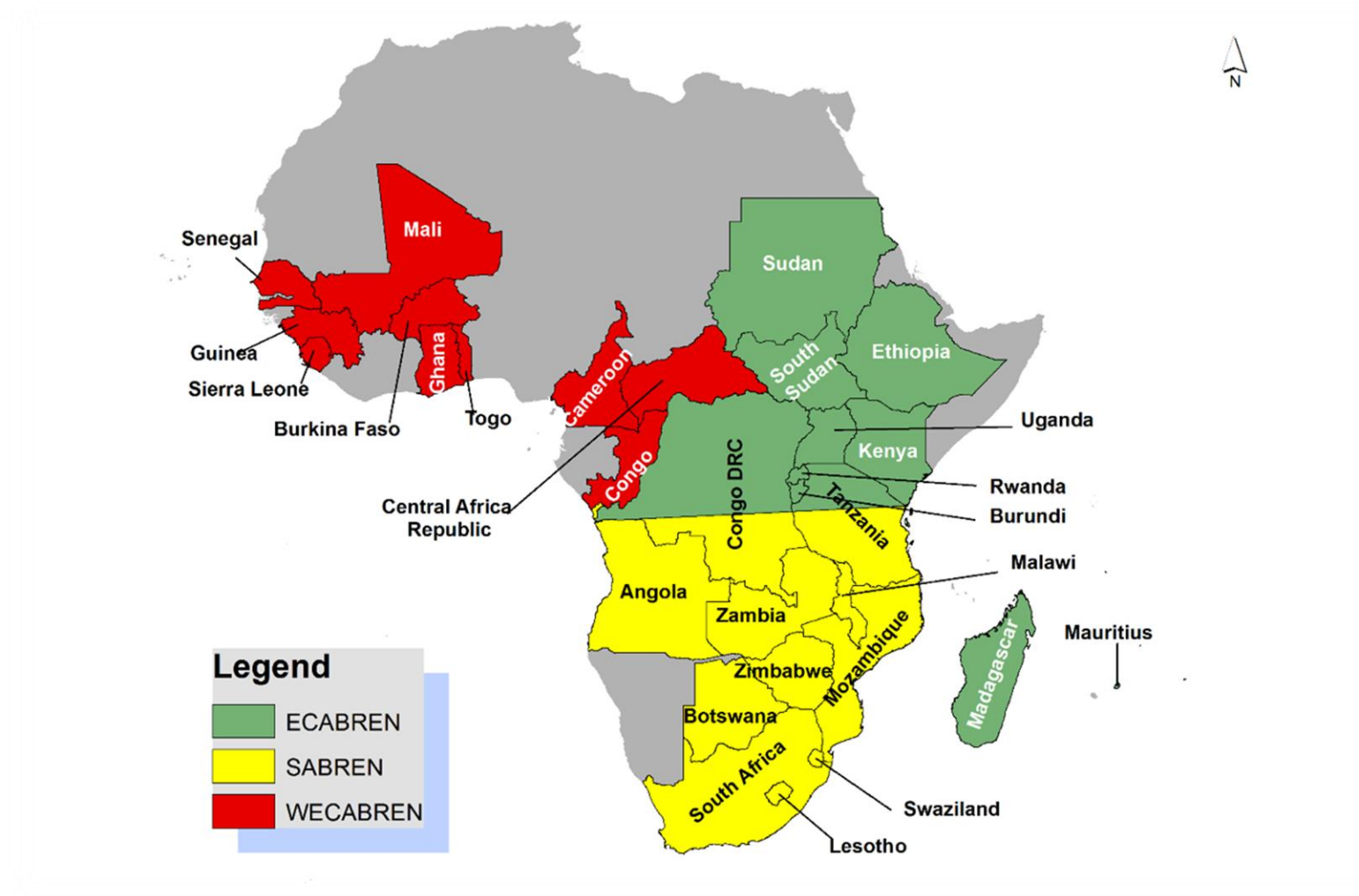




RESEARCH PROGRAM ON
**Climate Change,
Agriculture and
Food Security**



Pan Africa Bean Research Alliance (PABRA) - member countries



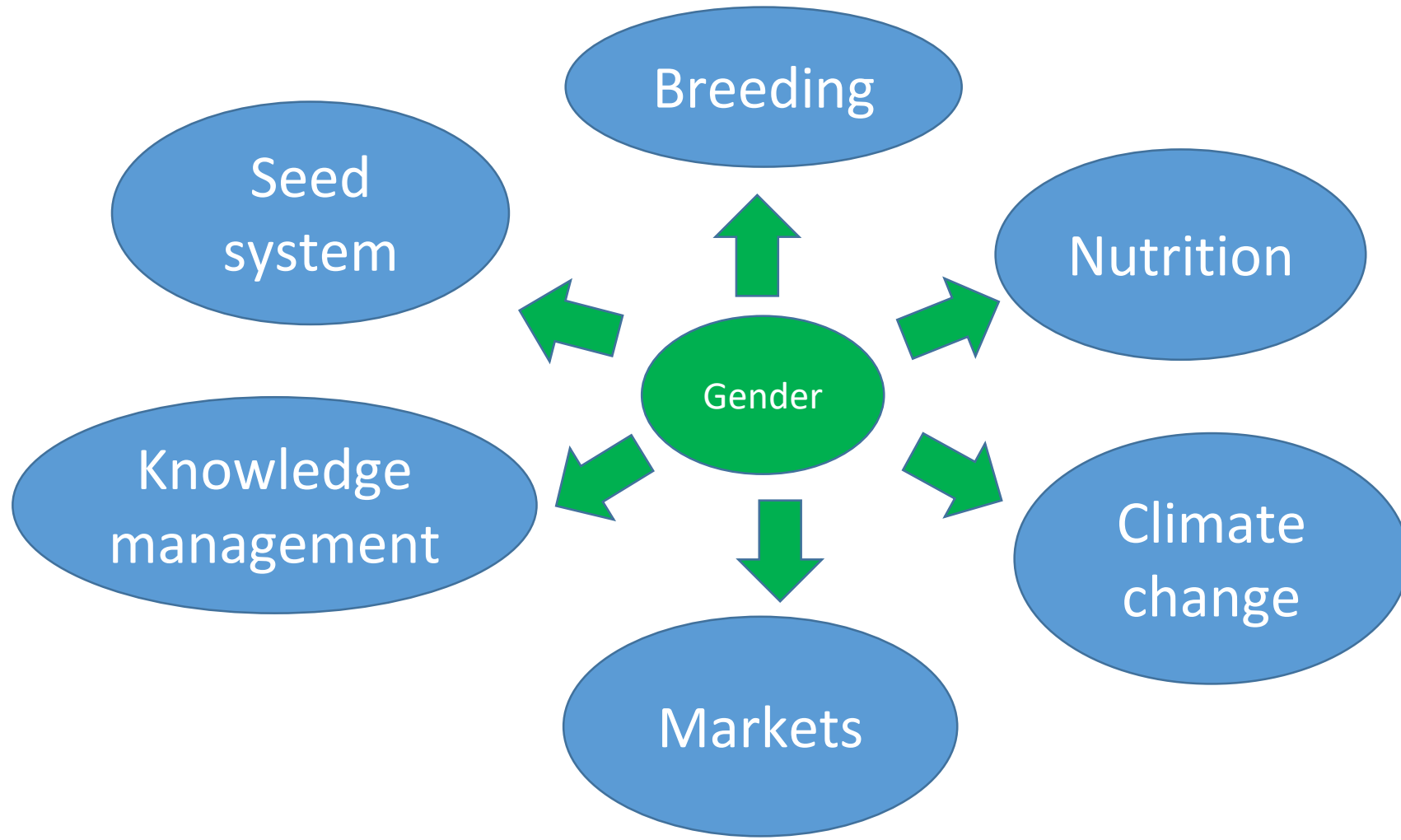
Why is a gender lens important in Nutrition

- Gender and nutrition are inextricable parts of the vicious cycle of poverty
- There is overwhelming evidence that gender inequality exacerbates food insecurity and malnutrition.
 - About 60% of the world's hungry people are women and girls,
 - 20% are children under five.
- Gender and nutrition are not stand-alone issues; agriculture, nutrition, health and gender are interlinked and can be mutually reinforcing

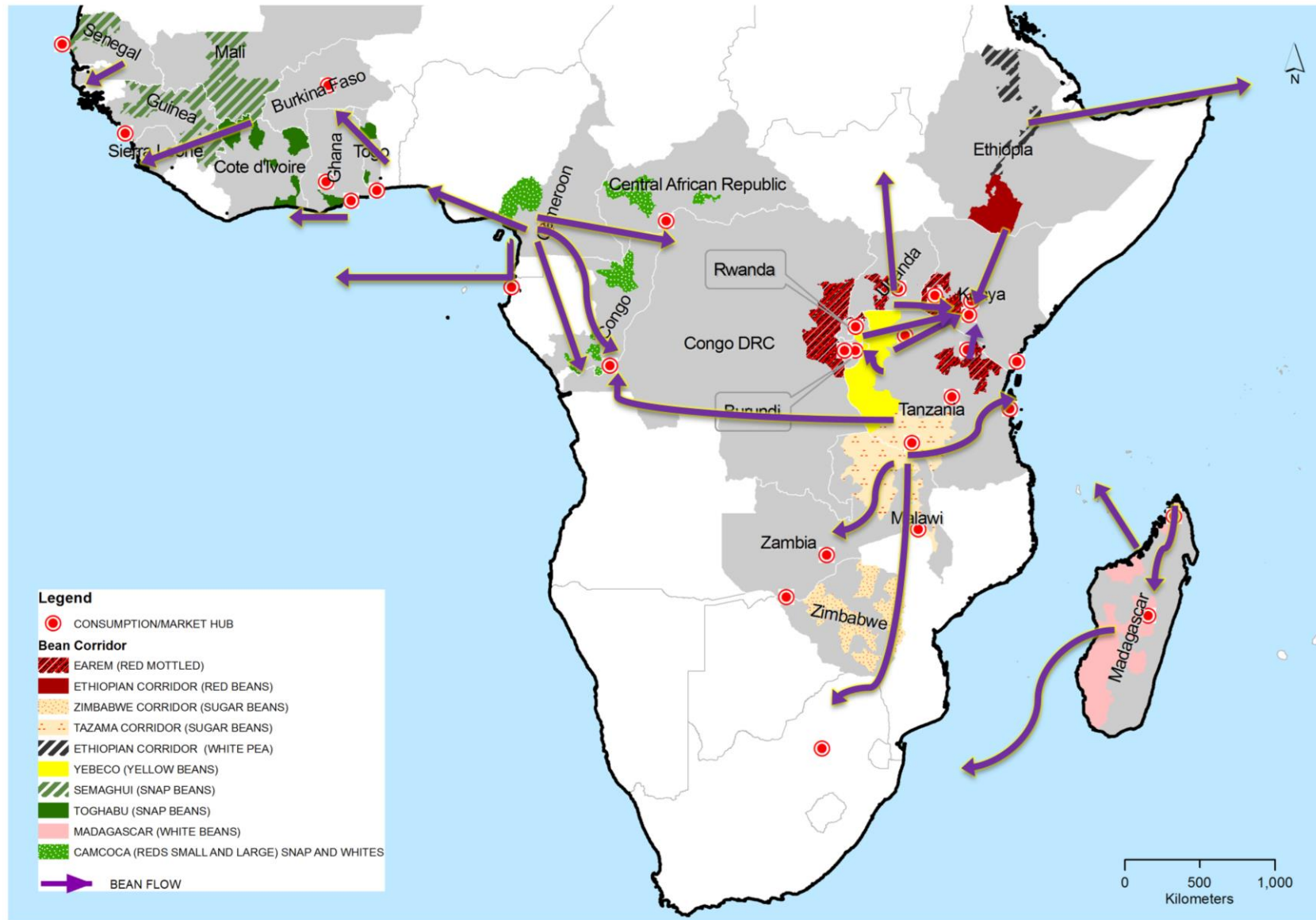
Synergy between Nutrition and Gender

- Nutrition is an entry point for addressing gender sensitive issues through nutrition education, school-based and youth programmes and agriculture extension, among others
- What works in one country or region, may not work as well, or even be counterproductive, in another location.
- Nutrition education needs to target women and men
- Improving nutrition empowers people and helps them generate income, cognitive development, educational attainment and productivity

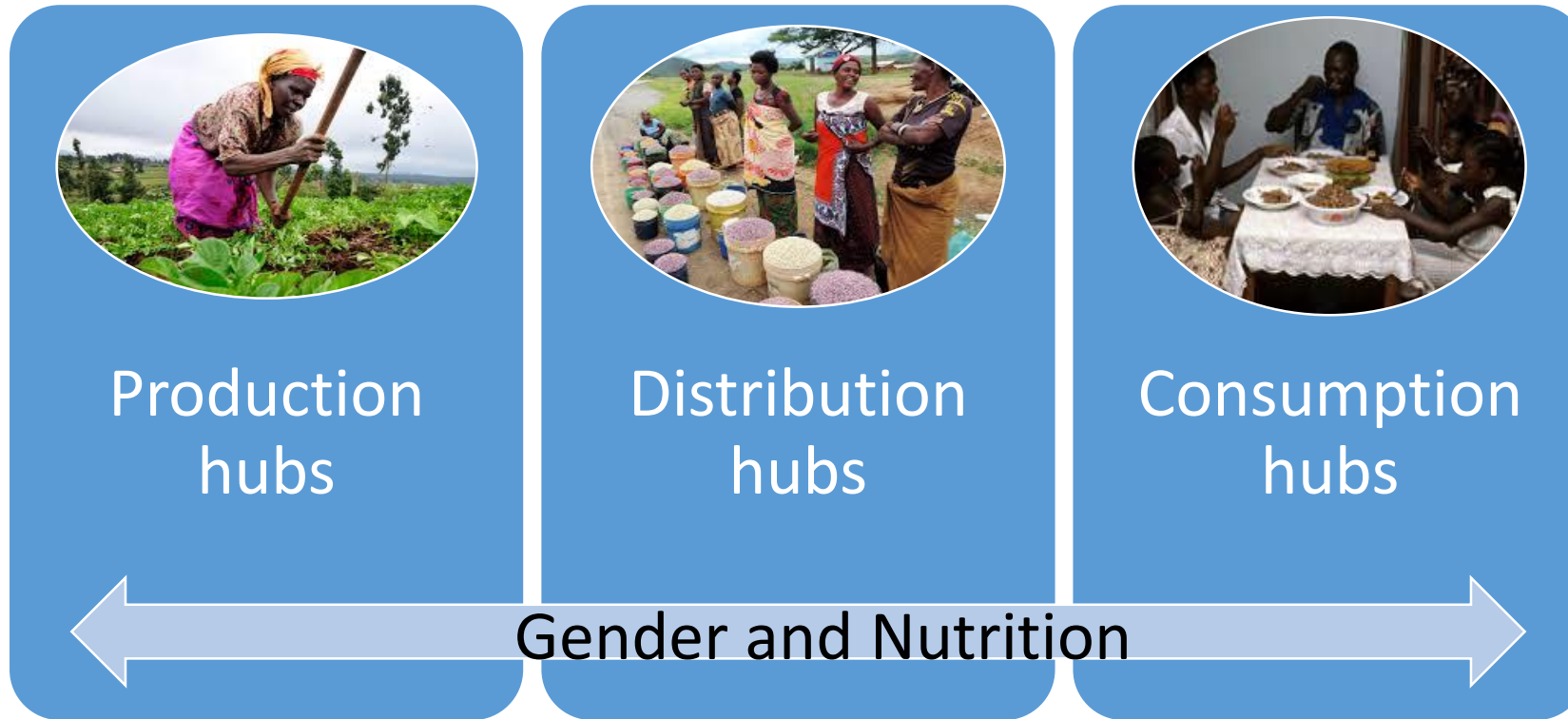
Mainstreaming gender within PABRA



Commodity corridor approach in Africa



Gender responsive nutrition : PABRA case study



- Integrate gender in nutritional analysis, education on biofortified beans, keeping nutrients when processing/cooking, food safety measures in value chain, promoting time and labour saving technologies
- Hazard Analysis Critical Control Analysis, Launching nutritious bean products

Labour saving technologies = More time for nutrition



Labour saving technologies = More time for nutrition



Processed and unprocessed bean products which target all actors in the bean value chain



What more can we do

- Intersectional approach
- Church as a channel for nutrition education
- Appearance of food
- Involve all stakeholders in program designs and implementation (example of a school feeding program)
- Follow up (monitoring and evaluation) of what works or not and why?

Challenges

- Food culture and taboos
- How to have processed and nutritious food
- Decision making on income use
- More efforts on transformative change is slow (changes in behavior and norms) at all levels
- Balancing household tasks
- Policies

Thanks for your kind attention



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